




# We're **hiring!**

Join our team

A large, curved blue banner separates the top text from the bottom image. Below the banner is a photograph of many hands of various skin tones stacked in a circle, symbolizing teamwork. A semi-transparent white box is overlaid on the bottom right of the image.

**Counsellor, CBT &  
EMDR Therapists**

Role: Counsellors, CBT & EMDR Therapists  
Based: Homebased with occasional travel in local area  
Reporting To: Senior Therapist & Head of Psychological Services

## About Us

PAM Wellbeing provides proactive and reactive mental health solutions to a range of multi-national clients in the private sector and public sector organisations. The business is privately owned by its directors who have a wealth of experience in providing occupational health services, employment law and business management. This allows empathy and understanding of both the challenges and the requirements of our clients. The strengths of this joined up approach are therefore in the service, which is clear, pragmatic, and wholly aligned to the client's requirements.

PAM Wellbeing delivers to a wide variety of UK based clients (Private and Public sector) offering counselling, CBT, EMDR, training, mediation, trauma support, and EAP services.

We are committed to putting our colleagues first and believe that a satisfied and motivated team best serves our clients.

## Role

There has never been a more important time to work in health and wellbeing and here at PAM we know the importance of looking after our people as well as our clients 'employees'. In these roles you'll be working with public and private sector clients, playing a critical role in supporting the health and wellbeing of their employees through management referrals; using your expert skills to help support and help people at work. The roles are homebased, offering you the flexibility you need to suit your lifestyle whether on a full-time or part-time basis. We're looking for **accredited (or eligible for accreditation) Counsellors, CBT & EMDR Therapists** to join our team, who are registered members of BACP with 450+ clinical hours.

- ❖ To conduct stepped care assessments for employees referred by their employer, including identifying a suitable care pathway and management recommendations recorded in the robust written report to the employer.
- ❖ To use proven therapeutic skills to provide time-limited counselling to employees referred by their employer.
- ❖ Providing robust counselling discharge reports at the completion of time-limited counselling sessions.
- ❖ Maintaining a high standard of work with stepped care assessments and counselling sessions.
- ❖ To follow red flag and safeguarding procedures when risk is reported in stepped care assessments or counselling sessions.
- ❖ In conjunction with Wellbeing Client Services to manage your day-to-day diary of 7 contact/ billable hours within an 8-hour working day.
- ❖ Potential to be trained in and deliver bespoke packages to clients.
- ❖ Potential to be trained in and deliver Critical Incident Debriefs.
- ❖ Potential to deliver webinars/ workshops on emotional wellbeing/ mental health themes.
- ❖ Attending monthly team meetings.
- ❖ Attending monthly line/case management meetings.

## About You

- ❖ L4, L5, BA, PG Cert, PG Dip or MA/ MSc in counselling, psychotherapy, CBT, EMDR or equivalent.
- ❖ Minimum of 450 hours of counselling, psychotherapy, CBT, EMDR or equivalent.
- ❖ BACP/ BABCP/ UKCP or EMDR Association accredited or working towards accreditation.

If you're looking for your next career move and are wanting to work with a rewarding company, please get in touch with our Recruitment department for a confidential chat about joining the PAM Team. [Recruitment@pamgroup.co.uk](mailto:Recruitment@pamgroup.co.uk)

- ❖ Experience of safeguarding and managing risk with client groups.
- ❖ Strong organisational skills.
- ❖ A clear and concise verbal and written communicator.
- ❖ IT literate with MS Windows, ability to quickly learn inhouse systems and a competent typist.

## Our Values

At PAM we are passionate about people and delivering our Everyday Things That Matter Values and Behaviours to our customers and our colleagues. Our cultural philosophy is based on putting our people first, creating high performing teams who deliver great services for our clients.

We're looking for driven and ambitious professionals to join our team, who are just as passionate about our philosophy and values as we are:

- ❖ Hard Work & Enthusiasm; we believe hard work should be rewarded, we go the extra mile to achieve our goals and support each other and enthusiasm and passion are part of our DNA.
- ❖ Teamwork & Friendship; our colleagues share a sense of belonging; we understand collaborative working means better decisions making and we support each other to achieve common goals.
- ❖ Loyalty & Improvement; we are dedicated to personal and professional development. Our PAM Academy mentors' colleagues and provides support to help you be the best you can through offering a wide range of CPD opportunities.

## Employee Benefits

- ❖ We pay your auto-enrolment pension contribution of 8%, you can also make enhanced contributions which are matched up to 5%
- ❖ You will have a life insurance scheme valued at 4 x your annual salary
- ❖ 33 days annual leave including bank holidays
- ❖ Health Cash Plan Scheme, which covers you for things like Opticians, Dental Treatment and even Physio if needed!
- ❖ Flexible Working Hours
- ❖ Access to a 24/7 EAP Counselling line and a 24/7 GP line
- ❖ Amazing discounts on things like food and drink, retail and days out, all through our rewards scheme.
- ❖ Support with training and development

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